

2nd WAPLAC Workshop

Welfare and Policies in Latin America and the Caribbean 2025

Dialogues on inequality, wellbeing, and structural transformation

Practical Information

ABOUT THE CITY

Quito is the capital of Ecuador and a UNESCO World Heritage Site, known for its historic center, cultural diversity, and unique location in the Andes at an altitude of 2,850 meters above sea level.

Participants may experience mild weather, rapid temperature changes, and the typical “four seasons in one day” characteristic of Andean cities.

CLIMATE AND ALTITUDE CONSIDERATIONS

- **Temperature (December):** 10°C–20°C (50°F–68°F).
- **Weather:** Variable—sun, light rain, and cloudy intervals in a single day.
- **Altitude effects:** Mild shortness of breath, fatigue, or headache can occur for visitors not accustomed to high altitudes.

Recommendations:

- Stay hydrated.
- Avoid strenuous physical activity during the first hours after arrival.

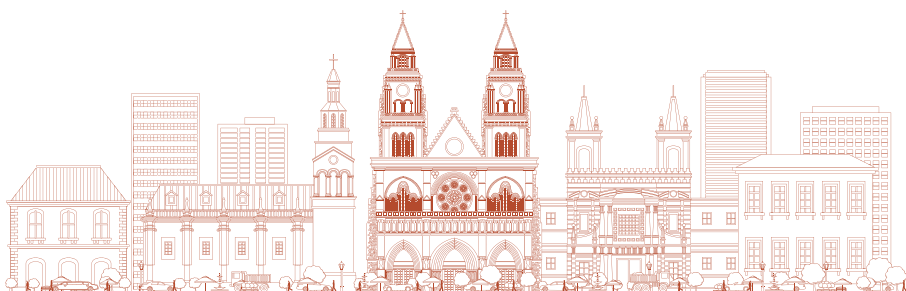
SAFETY GUIDELINES

Quito is vibrant and dynamic, but (as in many large Latin American cities) attentive behavior is essential.

General safety tips for visitors:

- Use authorized transport (Uber, hotel taxis, PUCE taxis).
- Avoid walking alone at night, especially in less crowded areas.
- Keep personal belongings close to you; avoid displaying phones or valuables in busy public spaces.
- Prefer restaurants, cafés, and meeting points near your hotel or main avenues.
- When withdrawing money, use ATMs located inside banks or shopping centers.

The PUCE campus and the surrounding avenues are safe, central areas with high foot traffic, especially during daytime hours.



International Inequalities Institute



HOPE: Comprendre la bien-être et les comportements humains pour améliorer la société et les décisions publiques

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TRANSPORTATION

From the Airport (Mariscal Sucre International Airport) to Quito

- Travel time: 45–60 minutes, depending on traffic.
- Recommended options:
 - Uber (widely used and reliable)
 - Authorized airport taxis
 - Hotel-arranged transportation

Within the City

- Quito is a long and narrow city; travel times may vary considerably based on traffic.
- Most recommended districts for accommodation are within 5–15 minutes from PUCE by car.
- Walking is generally safe during the day in main avenues such as:
 - Av. 12 de Octubre
 - Av. 6 de Diciembre
 - Av. Amazonas

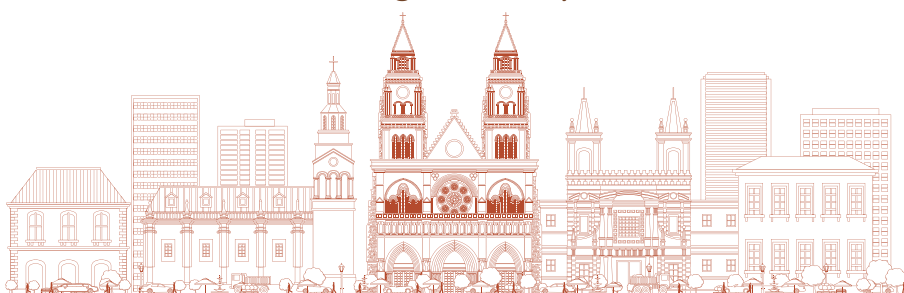
ACCOMMODATION AREAS

For comfort, safety, and proximity to the university, the following neighborhoods are recommended:

- La Mariscal (closest to PUCE; cafés, restaurants, hotels)
- González Suárez (quiet, residential, safe)
- República / Naciones Unidas (modern area with commercial activity)

CURRENCY AND PAYMENTS

- Currency: United States Dollar (USD)
- Payments: Credit and debit cards widely accepted.
- Small bills (\$1, \$5, \$10) are useful for taxis or small shops.
- ATMs are available throughout the city.



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HEALTH AND MEDICAL INFORMATION

Altitude and sun exposure

At high altitude, UV radiation is more intense.

- Use sunscreen daily.
- Stay hydrated (bottled or filtered water only).

Medical facilities

In case of any health issue, Quito has several high-quality hospitals and clinics, including:

- Hospital Metropolitano (Av. Mariana de Jesús Oe7-02 & Nicolás Arteta)
- Hospital Vozandes (Villalengua Oe2-37 & Av. 10 de Agosto)
- Clínica Pasteur (Av. Eloy Alfaro N29-248 and Italia)
- Clínica Internacional (América N32-82 and Atahualpa)

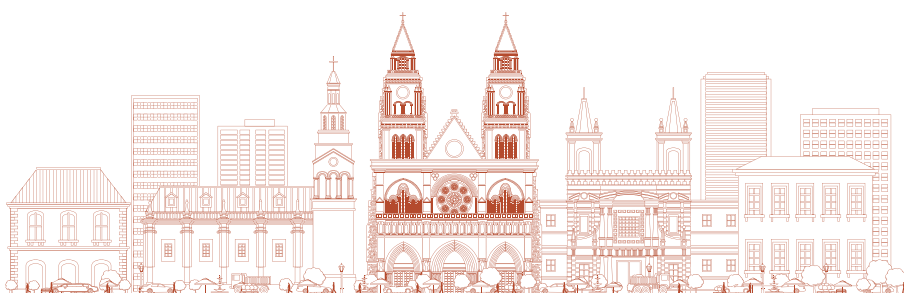
On campus, the PUCE has a university infirmary for minor medical needs.

COMMUNICATIONS AND CONNECTIVITY

- Most hotels and cafés offer high-speed Wi-Fi.
- International participants can purchase prepaid SIM cards from providers such as Claro, Movistar, or CNT, available at the airport.
- WhatsApp is the most commonly used communication tool in Ecuador.

USEFUL EMERGENCY NUMBERS

- General Emergency Line: 911
- Police: 115
- Airport Information: +(593 2) 395-4200 / +(593 2) 395-4300
- PUCE : +(593) (02) 2991700 (ext. 2063)



INSTITUTO DE INVESTIGACIONES ECONÓMICAS

POBREZA, DESIGUALDAD Y MERCADO LABORAL



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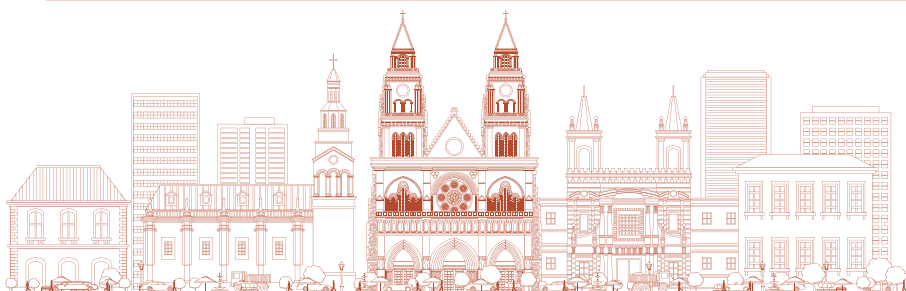
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HOTEL INFORMATION

Hotel	Precio habitación estándar (USD)	Ubicación	Reservación
Casa Solsticio	38 USD	Mapa ↗	096 399 0678
Chakana Hotel Boutique	49 USD	Mapa ↗	096 413 4303
IBIS Hotel	53-61 USD	Mapa ↗	WhatsApp ↗
Hotel Alquimia	56 USD	Mapa ↗	097 905 1512
Hotel 6 de Diciembre	56-74 USD	Mapa ↗	Reservar ↗
Fenix Hotel	64-85 USD	Mapa ↗	099 983 0400
Hotel Quito	72-85 USD	Mapa ↗	Reservar ↗
Hotel Reina Isabel	87 USD	Mapa ↗	(593-2) 254 4454 / 254 5156
Hilton Hotel	103 – 113 USD	Mapa ↗	023828300
Swiss Hotel	169 USD	Mapa ↗	Reservar ↗



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